

## ***Berry Sports and Recreation Centre Camp***

Tuesday 8<sup>th</sup> August 2017

Dear Parents and Carers,

This year's camp will be held in Term 4, Week 4, from Monday 30<sup>th</sup> October to Wednesday 1<sup>st</sup> November. It will be held at Berry Sports and Recreation Centre, Berry.

The total price of the two day program is \$285 per student, **the balance of price is \$235**. This includes all meals, transport and accommodation.

Payment for the camp may be made as a lump sum or instalments over the coming months. Payment should be finalised one week before the camp by Monday 23<sup>rd</sup> October.

The following pages contain forms for you to fill in and return to your class teacher and also provide detailed information about the camp to assist with preparation. This information includes:

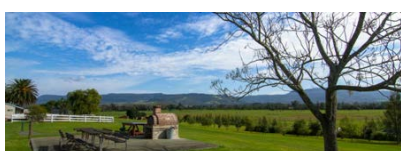
- Excursion Details
- Information for Parents (from the school)
- Medical and Consent Form need to be completed online by 30<sup>th</sup> October 2017  
<https://sportandrecreation.nsw.gov.au/facilities/medicalandconsentform>
- Information for Parents (from Berry Sport and Recreation Centre)

Families who are experiencing financial difficulties and require some assistance please come and see the Principal, Ms Ruth Bradfield-Ling.

If you have any other queries concerning the camp, please contact your class teacher.

Regards

Jo Mulligan, Cathy Criniti, Cleo Pana & Shaun Evans  
Stage 3 Teachers



Berry Sports and Recreation Camp Details



Office  
of Sport

# ***Berry Sport and Recreation Centre***

## **Excursion Details**

*Monday 30<sup>th</sup> October to Wednesday 1st November 2017*

- What:** 3 day tour / 2 nights at the Berry Sport and Recreation Centre - outdoor education based learning and teaching
- When:** DEPART: 7:00am on Monday 30<sup>th</sup> October  
RETURN: by 3:30pm on Wednesday 1st November
- Who:** Stage 3 Students
- Teachers:** Mrs Criniti, Ms Pana, Ms Mulligan and Mr Evans
- Location:** Berry Sports and Recreation Centre  
660 Coolangatta Rd, Berry NSW 2535  
Tel: (02) 4464 1406
- Transport:** Moore's Tours Coaches
- First aid:** TBC  
(Please give medicine to your class teacher on morning of departure)
- Contact number:** TBC
- Payment:** Total Payment: \$285; **Balance owing: \$235**

<u>Instalment/ Amount</u>	<u>Due by</u>
Deposit \$50	Week 9, Term 1, <b>20<sup>th</sup> March (already received)</b>
2 <sup>nd</sup> Instalment \$80	Week 6, Term 3, <b>21<sup>st</sup> August</b>
3 <sup>rd</sup> Instalment \$80	Week 10, Term 3, <b>18<sup>th</sup> September</b>
Final payment \$75	Week 4, Term 4, <b>23<sup>th</sup> October</b>

- What to wear:** Casual clothes
- What to pack:** See 'Information for Parents'
- Remember:** All meals and snacks are provided

# ***What to Pack - Students***

## **MEDICATION NEEDS TO BE GIVEN TO THE ORGANISING TEACHER**

It is a good idea for students to pack their own bags so that they can re pack for the trip home.

## **Checklist**

**Please label all clothing, towels and sleeping bag with your child's name.**

- Shorts and t-shirts (no singlets, sleeveless or midriff tops)
- Jeans
- Jumpers and tracksuit pants
- Socks and underwear
- Raincoat
- Warm jacket (winter only)
- Pyjamas
- Swimming costume and rashie shirt
- Sunscreen, sun hat and sunglasses
- Two pairs of running shoes (one old pair to wear in the water)
- Toiletries, soap, lip balm and insect repellent (no aerosols)
- Two towels
- Pillow, sleeping bag or doona and two single flat sheets
- Day backpack
- Paper, pens or pencils
- Plastic bags for dirty or wet clothes
- Medication (if required)
- Handkerchief or tissues
- Water bottle

## **Optional**

- Camera
- Up to \$30 for souvenirs

## **What not to bring**

- Aerosol cans (i.e. spray-on deodorant or insect repellent)
- Mobile phones and other electronic devices
- Lollies or chewing gum
- Jewellery
- Anything valuable (Sport and Recreation takes no responsibility for the loss or damage to a client's personal property, including money or other valuable items)

# **Berry Sport and Recreation Centre**

## **Information for Parents**

*Monday 30<sup>th</sup> October to Wednesday 1st November 2017*

### **Leaving Time from School**

Please be at school at **6:30am** to have your name marked on the roll and to organise luggage etc. The Bus will depart at 7:00am on Monday 30<sup>th</sup> November.

### **Return Time to School**

We intend to have returned back at school by 3:30pm, however, we may arrive a little later depending on traffic. If we are late, the school will be notified.

### **Luggage**

Students should only bring one durable traveling case on the excursion. They will need to carry it, so please make sure it's not too big. Items needed during travelling should be carried in a smaller, lighter bag. All luggage should be clearly labeled with name and address.

### **Medicine**

If a student has an injury, pre-existing condition, special dietary requirements or prescribed medical need, details need to be completed online. See next page.

<https://sportandrecreation.nsw.gov.au/facilities/medicalandconsentform> - By 30<sup>th</sup> October 2017

Any student requiring medication should only bring enough for the duration of their stay if possible.

**All medication must be clearly marked with the student's name, the advised dosage and the dosage interval.** Please put all information regarding medicines and medicine in a snap-lock plastic bag or sealed container. Give this information and the medicine to your class teacher on the morning of departure.

Parents will be informed if your child should require medical attention.

### **Asthma**

It is imperative that parents provide an asthma management plan so that staff can take appropriate action in the event of an episode. Students who require inhalers should carry them at all times while on the excursion.

### **Anaphylactic**

It is imperative that parents provide an anaphylactic management plan so that staff can take appropriate action in the event of an episode. Students who require Epipens must be able to quickly access them at all times while on the excursion. Please pass the Epipen to your class teacher on the morning of departure.

### **Accommodation**

We will be staying at the Berry Recreation and Sports Centre.

Students will sleep in dormitory style rooms. Teachers will be in a separate room and will be responsible for students' safety and behaviour during the night.



# Medical and consent form-To be completed Online

A Medical and Consent form for each person attending a Berry Sport and Recreation needs to be completed online. Berry Sport and Recreation endeavours to provide safe, healthy meals to all clients, including those with special dietary needs or food allergies (including anaphylaxis).

**If you do not have access to a computer to complete the form online, please see your child's class teacher for assistance to complete online.**

## How to complete the form – There are 4 pages

Type in the following url: <https://sportandrecreation.nsw.gov.au/facilities/medicalandconsentform>

To complete the online form, you will need the:

- booking number - 511661
- venue - Berry Sport and Recreation Centre (this will appear in a drop down list for you to select)
- start date of the program – 30/10/2017

It is important that these three items are correct. If you are unsure of any of these please check with your school prior to completing the form. (see below for example to fill in)

- Click on Next, to go to the next page. There are 4 pages to complete.
- When you get to the last page, please click on **submit**. You will get an email to confirm that you have completed and submitted the form.

**Participant dietary, medical and consent form - with meals**  
**Booking details**  
The Organisation or person coordinating arrangements for the group should provide you with the relevant Booking Number, Start Date and Venue information. Please do not proceed without the correct information.  
Participant type \* Booking number \* Booking start date \*   

Participant - Child (under 18)

55661

30/10/2017

  
Venue \*   

Berry Sport and Recreation Centre

  
Name of organisation and/or organiser \*   

Marrickville West Primary School

  
**Parent/Guardian contact details**  
*A form submission confirmation will be emailed to the address listed below*  
Parent/Guardian first name \* Parent/Guardian last name \* Relationship to participant \*  
  
Email address \* Phone type \* Phone number \*   
  
Confirm email address \*

Next >>

## ***About Berry Sport and Recreation Centre***

Two hours south of Sydney, Berry Sport and Recreation Centre provides a range of services, facilities and accommodation options for school camps. It is set on 62 hectares of prime rural farmland on the outskirts of town, Berry Sport and Recreation Centre boasts expansive skies, gently undulating hills, lush green pasturelands and a first-class rowing waterway. Old farm buildings dot the landscape adding a pastoral charm, while a regenerated forest, chickens and outdoor pizza oven reflect the Centre's sustainable vision.

Our students will have the ultimate learning challenge by taking the curriculum, out of the classroom. The dynamic learning will stimulate and motivate students while complementing the curriculum. Students take part in fun group challenges and activities that promote key learning through:

- Relationships - developing skills in communication, problem solving, cooperation, negotiation, respect and care
- Outdoors – nurturing an appreciation of the natural environment and sustainability
- Action – reinforcing the importance of physical activity for wellbeing
- Resilience – collaborating, negotiating and reflecting on difficult challenges to build courage and strength.

Students come away with positive experiences and a greater sense of themselves. Schools benefit too with a greater sense of school community and team spirit, and increased values of respect, trust and honesty.

Our training and accreditation as outdoor leaders guarantees a vibrant, safe and fun learning experience for both students and teachers.



## Camp Guidelines and Rules

Students should be aware of these Guidelines

- ☐ Never leave camp or an activity without permission.
- ☐ All activities must be supervised by a teacher and instructor.
- ☐ Listen to and follow instructor's guidelines.
- ☐ Closed in shoes and hats should be worn at all times.
- ☐ Respect male & female areas; enter no room other than your own.
- ☐ Respect the natural environment, use bins provided, doesn't damage the bush.
- ☐ No pocket knives, glass, valuables, electronic equipment, or mobile phones are to be brought to camp.
- ☐ Do not approach, or attempt to pat the wildlife.
- ☐ All accidents / damage to equipment must be reported.
- ☐ Willful damage will be paid for by the individual (s) responsible.
- ☐ Do not eat or drink in cabins or dorms.
- ☐ No chewing gum to be brought to camp.
- ☐ Respect others after lights out. There should be no need to leave your cabin or dorm after lights out.
- ☐ Each group is responsible for the ongoing cleanliness of their room.
- ☐ To avoid accidents please do not run around campsite areas.
- ☐ As a general rule, students will not be removed from activities as punishment. They may be given a 5 minute time out to reflect.
- ☐ Allocating extra duties or taking away free time may also be used as behaviour management strategies.
- ☐ We may exclude students whose behaviour could result in serious danger or distress to themselves or others. In extreme cases, after consultation with teachers, the parents / guardians may be contacted and the student's will be sent home.

# ***Berry Sports and Recreation Centre***

## **Permission Form**

*Monday 30<sup>th</sup> October to Wednesday 1<sup>st</sup> November 2017*

I give permission for my child to attend the Stage 3 Camp to Berry Sport and Recreation Centre, Berry from Monday 30<sup>th</sup> October to Wednesday 1<sup>st</sup> November 2017 and for them to participate in any activities arranged as part of this excursion.

I undertake to ensure that my child is at school at **6:30am** on Monday 30<sup>th</sup> November and that they will be **picked up by an adult carer** upon arrival back at school at by **3:30pm** on Wednesday 1<sup>st</sup> November.

I have submitted online all the necessary medical information.

(<https://sportandrecreation.nsw.gov.au/facilities/medicalandconsentform>)

I undertake to ensure that any necessary medication will be clearly labelled (name and dosage) and supplied to the teacher before departing for the excursion.

I understand that students will travel to and from the **Berry Sport and Recreation Centre** by Coach.

I will make payments by the due dates listed below.

<u>Instalment/ Amount</u>	<u>Due by</u>
Deposit \$50	Week 9, Term 1, <b>20<sup>th</sup> March (already received)</b>
2 <sup>nd</sup> Instalment \$80	Week 6, Term 3, <b>21<sup>st</sup> August</b>
3 <sup>rd</sup> Instalment \$80	Week 10, Term 3, <b>18<sup>th</sup> September</b>
Final payment \$75	Week 4, Term 4, <b>23<sup>th</sup> October</b>

☐ I have enclosed an instalment payment \$\_\_\_\_\_.

☐ I have enclosed the balance of payment of \$235.00.

Name of student: \_\_\_\_\_ Class: \_\_\_\_\_

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date