

Marrickville West Primary School

# newsletter



Work as One

NSW DEPARTMENT OF EDUCATION AND TRAINING

TERM 1 · WEEK 3 2017



## Swimming Carnival



**Marrickville West Primary School** Beauchamp St, Marrickville NSW

Ph: 02 9558 1137 Fax: 02 9559 5961 Email: [marrickviw-p.school@det.nsw.edu.au](mailto:marrickviw-p.school@det.nsw.edu.au)



We acknowledge the original owners of this land, the Cadigal People of the Eora Nation and their elders past and present.







From the Principals' desk...

We are off to a great start for 2017. Welcome students and families who are new to Marrickville West. Our school continues to grow. We also continue to recognise that every child is special and more likely to reach their full potential when teachers and parents work together to build on their strengths while supporting them to manage challenges along the way.

During professional development meetings this term, teachers have explored the impact of sharing explicit **learning intentions** with students. By assisting children to better understand what they know **now** and what they need to do **next**, we give them greater insight into their learning and power over their progress.

We are also exploring ways of assisting students to develop a growth (or positive) mindset in the face of challenges. Children with a **growth mindset** know that learning comes from challenge, and that sometimes “failure” is the first step towards success.

Ideas about growth mindset fit well with the “5 Keys to Success”, particularly our social skill focus for this week, **Persistence**.

The way parents talk about ability and learning can have a powerful effect on what children believe about themselves. Below are three ways parents can help encourage a growth mindset in their children.

— **Recognise your own mindset:** Be mindful of your own thinking and of the messages you send with your words and actions.

— **Praise the process:** Praising children for being “smart” suggests that innate talent is the reason for success, while focusing on the process helps them see how their **effort** led to results.

— **Model learning from failure:** When parents talk positively about making mistakes, children start to think of mistakes as a natural part of the learning process.

Ruth Bradfield-Ling  
Principal

*Congratulations!*

**Super Stars**

These students have earned a **SCHOOL AWARD** for collecting **10 Merit Awards**

Claire M

Lillian H

Caityn

Jessie

Hannah N

Evie

Harry

Thai

School website contains news, class overviews for the term, useful information from DEC and a school calendar with links to permission notes. Go to: [www.marrickviw-p.schools.nsw.edu.au](http://www.marrickviw-p.schools.nsw.edu.au)

From The Office

Welcome back everyone. Hope everyone had a relaxing break and ready for the exciting events that will unfold in 2017.

Changes to Uniform Room Opening Hours

**Tuesday, Wednesday & Thursday only from 9:00am – 10:30am**

If the above hours are unsuitable you can Fill in the Uniform Order Form & drop it into the office with your payment. You can find the order form on the school website:

[http://www.marrickviw-p.schools.nsw.edu.au/documents/11257388/11266161/uniform\\_order\\_form\\_updated\\_20122016.pdf](http://www.marrickviw-p.schools.nsw.edu.au/documents/11257388/11266161/uniform_order_form_updated_20122016.pdf)

Notes

Please remember to bring back Excursion/ Incursion and Activity Notes signed before the event. It is not always possible for the teachers and office staff to contact parents for permission at the last minute. It would be very unfortunate for your child to miss out.

Electronic Devices and Valuables

Electronic devices (phones, tablets, digital cameras, game consoles, etc) and valuables (large amounts of money, sentimental items, etc) are to be left at home in order to avoid loss, theft or breakages. If you need to bring devices into school please drop them into the office for safe keeping, they can then be collected after school.

Medicines

Please drop all medications to the front office and complete a medical form so that they can be administered by a staff member. It is not safe for children to carry/self-administer medications.

Hats

Please remember to bring a hat every day, and put your name in your hat.

Traffic Incidents Diary/Log

We have a Log / Diary for Traffic incidents that occur at our crossings outside our school. Please feel free to update the log if this occurs.

by Miss Anne & Miss Stav



Flowers from Waratah in Earlwood.  
Thank you for your donation for Presentation Day 2016

FOUND

A Coffs Harbour Souvenir Coin has been handed into the office. We would like to return it, to its rightful owner.

Calendar Dates

**Friday 24th February from 5pm**  
P&C Welcome BBQ

**Tuesday 28th February from 9:30am**  
Meet the Teacher – Kindergarten

**Wednesday 1st March**  
P&C Day

**Friday 3rd March 10am-12noon**  
Paint Marrickville REaD. Hatching Launch

**Thursday 9th March**  
Selective Test-Yr7 2018



Marrickville West Primary School



Classes for 2017

CLASS	TEACHER	STAGE GROUP TEAM LEADER
KS	Ms Michelle Samuels	Early Stage 1 Ms Samuels
KH	Mrs Brianna Hulm	
KI	Mr Iain Sinclair	
1A	Mr Nik Armstrong	Stage 1, Year 1 Mr Armstrong
1C	Mrs Caroline Collins	
1B	Mr Joel Burman	
2AB	Mrs Esther Beattie & Mrs Caryn Austin	Stage 1, Year 2 Mrs Beattie
2K	Mrs Jenny Khan	
2H	Mr Duncan Hunt	
3/4C	Ms Amelia Cleary	Stage 2 Ms Cleary
3/4K	Mr Sean Kelly	
3/4P	Ms Nancy Penfold	
4/5E	Mr Shaun Evans	Stage 2/3 Stage 3 Mr Evans
5/6C	Mrs Cathy Criniti	
5/6P	Ms Cleo Pana	
6-2M	Ms Jo Mulligan & Ms Jessica Bradfield	

The MWPS School Uniform

At Marrickville West we wear green and blue.

- Blue School Hat.
- Green school shirt or dress.
- Blue skort, shorts or track pants.
- Blue and green jacket or track top.
- White socks and black leather shoes or plain black or white runners.

Please help your children show pride in their school by encouraging them to wear their uniform every day.

NAME all items of clothing that come to school and ensure any hats or jackets that come home and belong to someone else are returned to school.



Are you likely to need before or after school care in the future?

Out of School Hours Care (OSHC) are accepting wait list applications up to school year 2022. Families who think they are likely to require OSHC are encouraged to get on to the wait list as soon as possible.

Follow the link to our current wait list application.

<http://www.marrickville.nsw.gov.au/Templates/Advanced/Bridge/TrimDownload.aspx?TrimDocNum=4893.17>

You Are The Key To  
Your Success  
"YOU CAN DO IT!"



The way we think about can affect what happens next. At Marrickville West we began the school year by practicing how to think in ways that help us **Get Along**. We talked about playing by the rules, acting responsibly and being tolerant of others.

Last week we talked about thinking in ways that help us feel **Confident**. We learnt about accepting ourselves, taking risks in our learning and being independent.

Next we will be looking at ways we can **Persist** (even when things are tough).



Welcome to Kindergarten!





early  
STAGE  
ONE  
page



It has been a fun and exciting start to Kindergarten this year. KH, KI and KS have been busy learning new sounds, creating artworks, playing math games, receiving merit awards in assembly, enjoying structured play and many more interesting things.



All of the Kindergarten teachers would like to thank the parents and their little ones for making their transition to school so successful. We look forward to what we are sure will be an amazing year ahead.



STAGE  
1  
page

# Meet the Stage 1 teachers...



Mrs Beattie and Mrs Khan.



Mrs Austin and Mr Hunt,.

...and Mr Burman, Ms Collins and Mr Armstrong on Year 1.



*Year 2 relieve as playground buddies when seniors away at the Swimming Carnival. Quote – “This is a HARD job!”*

# Marrickville High School

## Open Night

Monday 27th February 5.30 - 7.30pm



School Tours 5.30 - 7.00pm

Presentation 7.00 - 7.30pm

Northcote Street, Marrickville t:9569 2444 [www.marrickvil-h.schools.nsw.edu.au](http://www.marrickvil-h.schools.nsw.edu.au)



MARRICKVILLE  
HIGH SCHOOL  
Exceptional Learning Opportunities for All



STAGE  
2  
page

This week the students of Stage 2 commenced their Science unit on Earth and Space. We asked the question “does the sun move around the earth or does the earth rotate around the sun?” In order to discover which one was correct we had to simulate the earth and sun with a sky viewer template.



34 K and 45E learning about the sun and earth’s movement.



Clayton and his skyviewer.



Aleeyah trying out the looking for the sun.

By doing this we also discovered that the sun always rises in the East and sets in the West. Most students were amazed to hear that it is the earth that actually rotates around the sun even though when you look outside, it seems like the sun moves around us.



Cem using his sky viewer.



# News from The Community Centre

Welcome new families to the school! Do you know that Connect Marrickville is a Schools as Community Centre on-site at Marrickville West?

Its focus is connecting families raising children from babies to school-age in the local area. It is one of 44 such Centres across NSW, administered under the Department of Education.

## So what’s on in Term 1?

THE EGG IS HATCHING! Children across Marrickville and at Marrickville West have been reading to an egg for the past 6 months. Every time the children see the egg again, it has grown. On the 3rd March from 10-12 at Steel Park, all the reading, singing, talking and drawing will finally hatch the egg. We will get to see what kind of reading bug will hatch out. This is all a part of Paint the Town REaD, a whole of community approach to motivate a love of literacy from birth so children will be ready for reading and writing at school.

For more info: <http://www.paintthetownread.info/>

## and at Connect:

BABIES SUPPORTED PLAYGROUP  
Mondays 10-12

JAPANESE MOTHERS GROUP  
Mondays 11-1

MUSICAL BEGINNINGS  
(5 weeks, for babies 4-11 months) –  
Tuesdays 9.45 – 11am

SEEDS TO READ with Lindy  
Wednesdays 9.35 – 10am

VIETNAMESE MOTHERS GROUP  
Wednesdays 10 – 12

ENGLISH CLASS FOR PARENTS AND  
GRANDPARENTS – Thursday 10 – 12

Recycling – 16th March

Food Waste – 23rd March

Addison Road Excursion – 30th March

FRIDAY SUPPORTED PLAYGROUP –  
Fridays 9.30 – 11.30

HOLIDAY CLUB (run by School  
Parents) – Fridays 2.30 – 3.30  
(Arisan Club 2-3 fortnightly)

COMMUNITY GARDEN PLOT  
See Nazma

BRAZILIAN PLAYGROUP  
Saturdays 10 – 12 (fortnightly)

There is also a Family Outreach  
Worker from Metro Assist to assist  
you one-on-one with any issues. On  
Wednesday / Thursday. Book 9798  
1700 for an appointment.

For more information contact Vivi: 0421 550 119 or [connectmarrickville@gmail.com](mailto:connectmarrickville@gmail.com)  
Keep in touch via Facebook: <https://www.facebook.com/ConnectMarrickville/>  
Paint Marrickville Read: <https://www.facebook.com/PaintMarrickvilleRead/>

# 2017 TERM 1: MWPS CALENDAR

*pullout & keep!*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Week 6</i> 26	27	28	1 Mar  P&C Day	2	3  Paint Marrickville REaD hatching	4
<i>Week 7</i> 5	6	7	8  Assembly-Item by 3/4K 2:45pm	9  Selective school test	10  P&C storeroom cleanout 9:30-11:00am	11
<i>Week 8</i> 12	13	14	15	16  P&C meeting 7pm	17	18
<i>Week 9</i> 19	20	21  Harmony Day	22  Assembly-Item by 1C 2:45pm	23	24	25  Communal Dinner & Camp at School
<i>Week 10</i> 26	27	28	29	30  Yr 1-2 Cooks River Excursion	31	1 Apr  Yr5-6 Car Wash
<i>Week 11</i> 2  Daylight Savings ends	3	4	5  Honour Assembly 2:45pm	6	7  Last day Term 1	8



STAGE  
3  
page

Stage 3 began their Kitchen Garden program this week. The kitchen will run on a 3 week rotation between 5/6C, 5/6P and 4/5E. This week 5/6P used tomatoes and basil that have been collected from our garden. The students used these 2 main ingredients to make a tomato and basil bruschetta and a Greek salad.



Bruschetta.

Knife Skills

Students were taught knife skills, using the 3 different types of cutting and when to use them. They practised using each type of cutting on the ingredients and will continue practising these skills throughout the term to successfully earn their knife licence.

In the next 2 weeks, 5/6C and 4/5E will also get a chance to have a go at cooking and practising their knife skills in the kitchen.



Bear Claw

Really handy for long objects such as celery or carrot.

Keep your fingers tucked in!



Bridge

Good for holding on to small or round objects.

Make sure your fingers don't slip beneath the blade!



High Five

Good for finely dicing veggies, fruit or herbs.

Keep your fingers straight!



Childrens groups around Marrickville have been reading and singing to an egg for the last 6 months. It's been growing and growing and now EVERYONE's invited to see what will hatch out.

"HATCHING THE EGG"  
LAUNCH

Friday 3rd March, 10am - 12noon  
Steel Park, Marrickville, next to the Playground  
*(If wet, at the PCYC)*

This is an inclusive event for Babies to School Aged Children and their families.

Activities include: Books, Puppets, Music and Stories in Keyword Sign and several languages, and other Play and Literacy Activities

Special Guests: include Jo Haylen MP and Barbie Bates from Paint the Town REaD



Enquiries & Bookings: SMS Vivi on 0421 550 119 or email: [paintmarrickvilleread@gmail.com](mailto:paintmarrickvilleread@gmail.com)

THIS PROGRAM IS SUPPORTED BY:







## P&C UPDATE

 [facebook.com/MWPandC](https://facebook.com/MWPandC)

### Ethics

Could you, or any members of your family or community, be an ethics teacher for MWPS?

Some of our ethics teachers have moved on and we are seeking volunteers so that classes can continue, for all the children who'd like them, this year.

Ethics teachers receive full training by Primary Ethics, consisting of a two day workshop and short online modules. Lesson materials are provided. Suitable volunteers have an interest in children's education and development of critical thinking skills and must be available on Tuesday's at 9.30-10.30 during term time. In ethics classes, children learn how to think logically, disagree respectfully and support their arguments with evidence, rather than act according to blind habit or peer pressure.

Children discuss topic such as:

- imagining how others feel
- how do we treat living things?
- what is laziness?
- how do we disagree in a respectful way?
- fairness

If you are looking for an opportunity to make a valuable contribution to our school, please visit [www.primaryethics.com.au](http://www.primaryethics.com.au) or contact Amanda Starr-Crawford on [a.starrcrawford@gmail.com](mailto:a.starrcrawford@gmail.com) or 0439 843 232.

### Kindy morning tea Thank you

We want to welcome all the new children and families to our school community! A big thank you to the families that brought some treats to share and were able to stay for a chat with the new parents.

### Welcome 2017

A new year has begun and it is off to a flying start. Welcome to all the new families and welcome back to all those returning! Our P&C manage a music program for our school. This year we have both a training band as well as a concert band. We have been able to secure further commitment to our Eco Garden which we hope will be built over September school holidays and other renovations will be taking place for a level soccer field and small projects around the top playground. We have a great school community and one major aim this year is to build connections with all the parents and families so that more people have a chance to be involved. If you haven't logged on to our Facebook page or Facebook group yet look us up! The P&C worked hard last year which means we have \$15,000 in funds to allocate for this school year. Notes will be coming home asking for your ideas and we hope to see you at the next P&C meeting when you have a chance to vote your favourite plans.



### 2nd hand stalls

Many thanks to Andrea Ellis for running a second hand uniform stall in the first week of term - we made over \$100. Remember if your kids have grown out of your any uniforms then you can donate them to the stall. Hand them to Andrea (Mum of Ben in Yr 4 and

Mollie in Kindy) or to Ms Fran or Ms Stav in the school Office. Andrea and Stav also did a huge lot of washing over the school holidays of the uniforms with no names in the lost property box. We very much appreciate them doing this!

Already there is a huge pile of lost hats and jackets again. Please remember to check the brown boxes near the bike racks for anything that might be yours.

There is not much summer stock left, so stay tuned for the next stall towards the end of this term or early next term.



### Canteen

Wendy and Mel in the canteen welcome you back to school. Wendy Beattie is our Canteen Manager who has been working here for over 30 years and has even made lunches for some of the parents of kids now in our school. She's the expert in ordering supplies and making delicious sandwiches.

Melanie Stopic is our elected P&C Canteen Leader for 2017 and Mum to Ernie in Yr 6 and Eddie in Yr 2. Our canteen is overseen by the P&C (and all profits go to the P&C who spend the money on the school). If you have a suggestion or need to talk about something to do with the canteen please talk to Melanie at [mstopic@exemail.com.au](mailto:mstopic@exemail.com.au) or 0420 325 324 or in person. That leaves Wendy free to make the many lunches that need doing before our very early lunch hour of 11:25am!

*Here's how to make a lunch order:*

*At the top of a paper bag put your child's name and class. Below that write what you want to order*

*Place the total amount of money in the paper bag*

*Bring it to the canteen window before the bell at 9:20am.*

*Correct change is appreciated, but we can give small amounts of change to your kids (we hope it makes it home to you!)*

Out of School Hours Care also collect lunch orders for the kids attending and take them to the canteen.

You can also write them at the canteen window and pay at the same time.

And don't forget if you want sushi on Wednesday you need to let Wendy know on Tuesday so she can preorder.

If your child has money for snacks in the second half of lunch or at recess they will line up to buy them at the appropriate times. There are two lines; one for K-2 kids and one for 3-6 kids. Snacks in the canteen range from 20c for a couple of pieces of orange to \$2.20 for a frozen yoghurt tub. Snacks at lunch time are sold after 11:40am so that kids have time to eat their proper lunch first. At recess sales start at 2:15pm.

### Canteen Price rises

This year we have increased prices of most items in the canteen for the first time in 3 years to keep in line with supplier price increases over that time. See the new canteen price list in this newsletter. We have also removed the \$5 meal deals as we found most people wanted variations on these deals anyway. The daily food specials stay, but if you want a drink or fruit with it you can choose this as you require.

### Canteen volunteers

To help out Wendy we also have lots of volunteers who help out in our canteen. Each morning this year there will be parents assisting with taking orders (9:00-9:30am) in order to free up Wendy for actually making sandwiches. On select mornings we also have volunteers coming in to make coffee for the teachers and visitors to our school (9-10am).

And each recess time another lot of volunteers come in sell snacks at recess time (2:15 to 2:40pm).

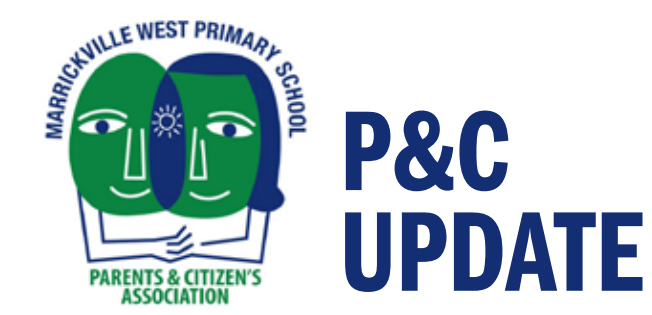
Many thanks to all those who have already said they can help out this year: Leesa, Gail, James, Richard, Cynthia, Mina, Melanie, Jo, Ariyani, Jenny and Huong.

We would love to have more volunteers help us out to spread and lighten the load. If you think you could help, please contact Melanie Stopic ([mstopic@exemail.com.au](mailto:mstopic@exemail.com.au) or 0420 325 324) for more information. For taking orders in the morning you just need to take money and check lunch order bags for kids' names and classes. For coffee making you need to know how to work a professional quality espresso machine. For recess you just sell fruit, iceblocks and snacks and keep a record of the money taken.

### Parent coordinators

We have initiated a new volunteer organiser for each class this year. They will help touch base during drop off and pick up times to chat with parents about various ways they can connect and volunteer for various events. Keep an eye on your email to find out who is your contact parent and please always feel welcome to speak to an executive member as well.





Event coordinators

We have several events we are hoping to put on this year. The Walkathon and Mother's Day Stall are quickly approaching and need some volunteers to help get organised. These are fully supported roles that come with years of helpful documentation and an easy to follow event checklist. If you can help modify notes to suit this year's dates and can negotiate icy poles for the children or gifts to sell please pop over to our Google Document <https://docs.google.com/spreadsheets/d/1FsyyFNBXZ-Zz9jlkSm5JdhPX-Uu4wbGE5nXE5HQXQJw/edit#gid=634347005> and put your name down. Alternatively speak to Lindy Alwis at [mrsalwis@gmail.com](mailto:mrsalwis@gmail.com) or 0425 316 893.

Get involved in the School Banking program.

Marrickville West PS is excited to offer the Commonwealth Bank School Banking program to all students. School Banking is a fun, interactive and engaging way for young Australians to learn about money and develop good savings habits. Children who deposit money into their Youthsaver account through School Banking earn Dollarmites tokens, which they can save up and redeem for exciting rewards.

The rewards available during 2017 are:

- Cyber Handball
- Colour Change Markers
- 3D Chalk Set
- Tablet Case
- Smiley Emoji Keyring
- Volt Handball
- Pencil + Tech Case
- Epic Earphones

School Banking is also a great fundraiser for our school. Our school receives \$5 when a student makes their first ever School Banking deposit and 5% on every deposit made through the school (to a maximum of \$10 per individual deposit).

Getting involved in School Banking is easy!

All you need to get involved in the School Banking program is a Commonwealth Bank Youthsaver account. You can open an account for your child in one of two ways:

1. Online

Visit [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking) and click on the link to open a Youthsaver account.

2. In branch

Visit a Commonwealth Bank branch with identification for yourself and your child, like a driver's licence and birth certificate.

If your child has an existing Commonwealth Bank Youthsaver account they can start banking straight away. They just need to bring their deposit in every week on School Banking day using their Dollarmites deposit wallet. School Banking day is every Wednesday morning from 9 am to 9.25am in the Library. Each week you need to bring in your deposit and your deposit book. For each deposit you will receive a dollarmite token.

Thank you to our Banking Volunteers Tina Lambrou, Cynthia Bacon and Jo Smith for their time.

If you would like to know more about School Banking, please visit [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking)



NEXT P&C MEETING: Thursday 16 Mar 7pm

in the Staff Room. All parents are welcome to come along and learn more about the school and give their ideas on how to make it a better place.



MWPS P&C



Lindy Alwis  
President



Melanie Stopic  
Vice President & Canteen Leader



James Goodman  
Vice President



Liz Roberts  
Secretary



Sarina Devi  
Treasurer



Thomasin Litchfield  
Band Co-ordinator

Our 2017 P&C Executive



Josephine Tomlinson  
Assist. Vice President



Peter Haastrup  
Assistant Secretary



Karinn Cheung  
Assistant Treasurer



Ben Chosid  
Assistant Treasurer

**SAFETY IN CAR PARKS**

All students, parents and visitors need to walk through the pedestrian walkways allocated. No-one should be walking through the carpark.

NO PARENTS ARE TO PARK IN ANY OF THE CARPARKS



**Need more newsletter?**

Current & past issues of the newsletter are found at:  
[www.tinyurl.com/MWPSnews](http://www.tinyurl.com/MWPSnews)

School banking is Wednesday 9-9.20am in the LIBRARY



# 2017 Open Day

'Demonstrating Excellence in Boys Education'



## Canterbury Boys High School

Holden Street, Canterbury  
10am - 2pm Saturday 25th February 2017



**Enrolling NOW**

### Drama Develops Kids

For the past 30 years our self-development drama programme has been helping children (5-17 years) with their creativity, confidence and communication skills. Using fun, creative & educational activities our classes cover speech & language development, improvisations, mime, scripts, drama games, dress ups & lots more fun stuff.

Call Mel Duke, the principal: **0435 566 238**  
Email: [SydneyEast@Helenogrady.com.au](mailto:SydneyEast@Helenogrady.com.au)  
[www.helenogrady.com.au](http://www.helenogrady.com.au)



**MARRICKVILLE WEST  
PRIMARY SCHOOL**



**Uniform Room Opening Hours**

**Tuesday 9:00-10:30,**  
**Wednesday 9:00-10.30**  
**and**  
**Thursday 9:00-10:30**

**How to Order:**  
Fill in the Uniform Order Form  
& drop it into the office with your payment

**Payments:**  
We accept EFTPOS, MasterCard, Visa Credit Cards, Cheques and Cash.  
Please ensure that if paying with cash that you enclose the right money  
as we do not have change.

We cannot process Amex or Diners

**Every effort will be made to get your uniform to you on the day of  
order.  
Thank you**



Dulwich High School  
of Visual Arts & Design




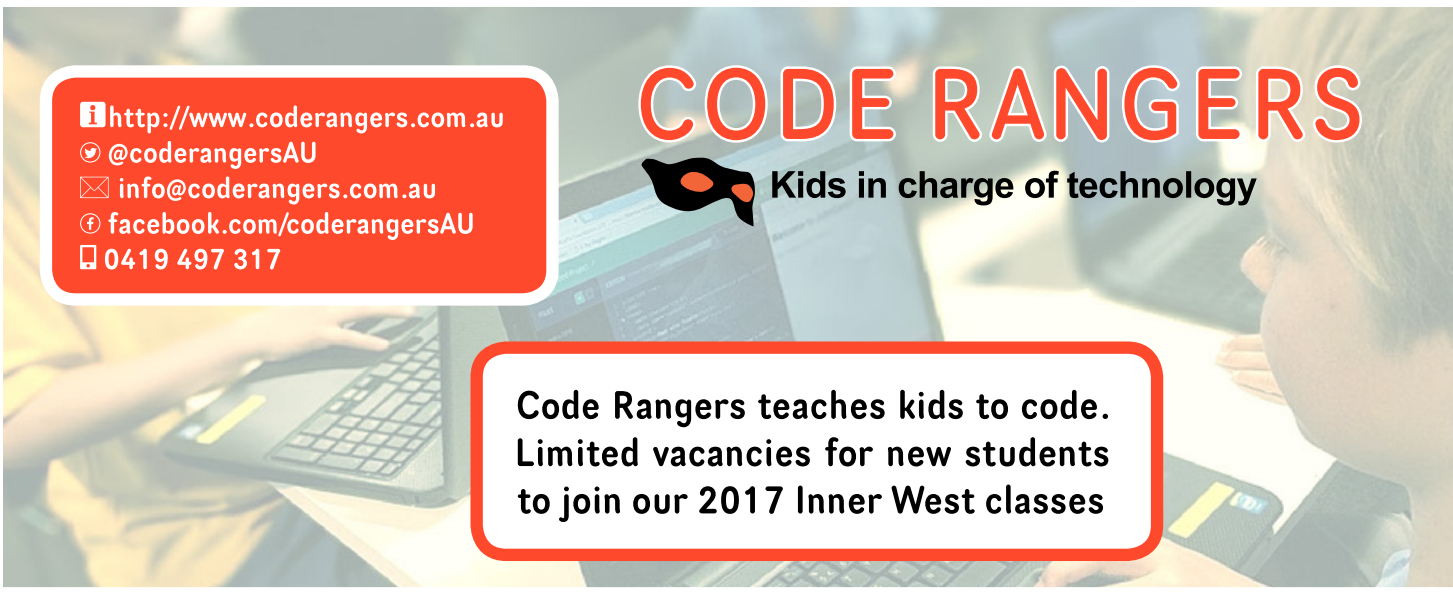
SEAVIEW STREET, DULWICH HILL, 2203  
Phone: 9560 7299 Fax: 9550 0929  
Email: [dulwich-h.school@det.nsw.edu.au](mailto:dulwich-h.school@det.nsw.edu.au)  
Website: [www.dulwich-h.schools.nsw.edu.au](http://www.dulwich-h.schools.nsw.edu.au)

## OPEN NIGHT

Information Evening for prospective  
students & families  
**WEDNESDAY MARCH 1, 2017**

5.30 – 7.00PM  
Multi-Purpose Hall  
Seaview Street

**P&C INFORMATION STAND**  
Refreshments will be available at the Canteen Quad



**CODE RANGERS**  
Kids in charge of technology

**Code Rangers teaches kids to code.  
Limited vacancies for new students  
to join our 2017 Inner West classes**

visit [www.coderangers.com.au](http://www.coderangers.com.au) to find out more and book in  
Two locations: Marrickville High School and Marrickville Public School  
Three levels of class:

- **starting from scratch:** suitable for early coders in years 3/4/5: we use the scratch programming language ([www.scratch.mit.edu](http://www.scratch.mit.edu)) to learn about coding and create games and animations
- **challenge group:** if you've done some coding before this is the group for you: make more complex projects requiring knowledge of loops, conditional statements and variables
- **advanced group:** when you're ready to move on from scratch to explore text based languages, hardware and electronics level up to our advanced group





# MARRICKVILLE WEST MUNCHIES CANTEEN MENU



(PRICES SUBJECT TO CHANGE)

UPDATED FEBRUARY 2017

## Before School – Fuel Up!

Cheerios. . . . .	50c
Sultanas. . . . .	50c
Seasonal Fresh fruit from . . . . .	70c+

(No snack foods will be sold to students before school)

## Super Sandwiches, Toasties & Salad

Buttered. . . . .	\$1.30
Vegemite . . . . .	\$1.60
Baked Beans . . . . .	\$2.80
Vegemite & Cheese . . . . .	\$3.00
Egg/Cheese/tuna/chicken slice/ham . . . . .	\$3.00
Cheese & tomato. . . . .	\$3.30
Egg & lettuce . . . . .	\$3.30
Chicken, lettuce & mayo. . . . .	\$3.50
Tuna & mayo . . . . .	\$3.30
Tuna or Ham or Cheese with Salad . . . . .	\$4.20
Ham & cheese . . . . .	\$3.30
Ham & tomato . . . . .	\$3.30
Cheese & tomato. . . . .	\$3.30
Ham, cheese & tomato. . . . .	\$3.70
Salad . . . . .	\$3.90

## extras

Filling (each) . . . . .	60c
Roll or wrap. . . . .	60c
Mayo/tomato sauce . . . . .	30c
Sweet chilli/BBQ/soy sachets . . . . .	30c
Salad plate/ box . . . . .	\$4.50
(lettuce, tomato, cucumber, celery, carrot)	
Add – Tuna/egg/ham . . . . .	+60c ea
EXTRA Plastic Spoons. . . . .	5c

## Drinks

Up & Go. . . . .	\$2.50
200ml 100% Juice (box) . . . . .	\$1.50
200ml 100% Juice (bottle) . . . . .	\$2.20
Plain milk . . . . .	\$1.50
Yoghurt. . . . .	\$1.30
Flavoured Milk (lite) . . . . .	\$2.20

## Frozen Treats *Sold after the second lunch bell*

Frozen fruit pieces (bag). . . . .	20c
99% fruit juice ice sticks. . . . .	60c
Juicies Rectangle Treat . . . . .	\$1.20
Juicies Tube . . . . .	\$1.20
Moosies. . . . .	\$1.20
Gelato cups – 2 flavours. . . . .	\$2.00
Frozen Yoghurt. . . . .	\$2.20

## Available every day!

Steamed Vegetarian Gyoza (V. . . . .	80c
Cheese & Spinach Triangle (V) . . . . .	\$1.30
Vegetarian Rice Paper Rolls (V). . . . .	\$2.00
Pizza Wrap (meat or Cheese) . . . . .	\$4.00
Mini Potato Top Beef Pie. . . . .	\$1.50
Fried Rice (gluten free)(V) . . . . .	\$4.00
Vegetarian Lasagne . . . . .	\$4.00
Fruit Salad Cup. . . . .	\$2.00
Hot Corn Cob. . . . .	\$1.00
Hard-boiled egg . . . . .	\$1.00

## Snacks

Popcorn. . . . .	\$1.20
Roasted Seaweed . . . . .	\$1.20
Potato Chips (28g) . . . . .	\$1.50
Grainwaves . . . . .	\$1.50
Gingerbread Folk. . . . .	\$1.80
Vegetable Sticks (bag) . . . . .	30c
Sultanas (box) . . . . .	80c

## DAILY SPECIALS

### MONDAY: CHOOK CHOOK

5 Chicken wedges or Chicken Burger (Halal) . . . . .	\$4.00
Chicken Wedges each . . . . .	80c

### TUESDAY: PASTA & CURRY & PIZZA

Homemade Bolognese Pasta . . . . .	\$4.00
Lasagne. . . . .	\$4.00
Juicy Pizza Slice – Ham & Pineapple . . . . .	\$3.00
Vegetarian Pizza . . . . .	\$4.00
Mild Butter Chicken Curry with rice. . . . .	\$4.00

### WEDNESDAY: SUSHI *(pre-order Tuesday)*

Tuna or Chicken Roll. . . . .	\$3.20
Mini 8 piece pack – Tuna. . . . .	\$3.90
Mini 8 piece pack – Cucumber . . . . .	\$3.60
Large 5 piece pack (Tuna or Chicken) . . . . .	\$5.20
Large 10 piece pack (Tuna or Chicken). . . . .	\$8.50

### THURSDAY: CHOOK CHOOK

5 Chicken wedges or Chicken Burger (Halal) . . . . .	\$4.00
Chicken Wedges each . . . . .	80c

### FRIDAY: PIES

Chicken Pie . . . . .	\$4.00
Halal Beef Pie. . . . .	\$4.00
Traveller Beef Pie. . . . .	\$4.00

Foods coloured GREEN are approved by The Healthy Kids Association for eating everyday. The other foods are recommended as occasional foods.

**Vegetarian (V) & Halal food options available everyday. Gluten free bread also available for all sandwiches. Please ask Wendy in the canteen.**