

# Marrickville West Primary School newsletter



NSW DEPARTMENT OF EDUCATION AND TRAINING

TERM 2 · WEEK 9 2018

## URBAN HABITAT PROJECT

Some students from Stage 2 took part in the Addison Road Community Centre's Urban Habitat Project.

They visited the Urban Habitat Tree and learnt about its importance in the Inner West. They then did an art workshop to create illustrations for the Addison Road Community Centre's Urban Habitats book.

Thank you to Addison Road Community Centre for having us. We had an amazing time and learnt so much!



***Did you know?*** Tree hollows, native plants and greenspaces such as parks, schools and backyards are important for supporting wildlife habitat and wellbeing.



**Marrickville West Primary School** Beauchamp St, Marrickville NSW

Ph: 02 9558 1137 Fax: 02 9559 5961 Email: [marrickviw-p.school@det.nsw.edu.au](mailto:marrickviw-p.school@det.nsw.edu.au)



**We acknowledge the original owners of this land, the Cadigal People of the Eora Nation and their elders past and present.**





## From the Principals' desk...

Congratulations on the end of a busy but productive Semester One! Thank you to all the members of our extended school community who continue to work together for the children of Marrickville West.

Congratulations to those families who recently celebrated Eid al-Fitr. May you have all enjoyed a blessed time, giving thanks with family and friends. A special thank you to those generous families who thought to share sweets and treats with some of us at school!

Student Reports have been sent home this week showing learning and progress for the first half of the year. A Parent Reflection Sheet should have been included in the Report Folder. This will assist parents and carers to prepare for the parent-teacher-student conferences that will occur for most classes on or around Friday 27 July (Week 1 of Term 3). The conferences will provide students with an opportunity (supported by their parents and their teacher) to evaluate progress so far, share work they are proud of and plan for further success in Semester Two.

Parents can indicate the most convenient time for their child's conference by completing and returning the booking note sent home last week. Please contact the office if you need another note. Teachers will allocate appointment times and send a confirmation slip home as soon as possible.

Term 3 will be filled with opportunities for our children to make, appreciate and exhibit art. Marrickville West PS has been chosen to provide the artistic pieces to decorate the walls of Randwick Children's Hospital this year. This is a great honour. 50 canvases will be painted by our students, displayed at the hospital and later auctioned to raise funds for the hospital.

Our school and community Art Show is planned for the evening of Thursday 13th September. Parents will have an opportunity to purchase and/or exhibit art on the night. More information will be coming home soon.

Our school celebrates NAIDOC week early. Official NAIDOC events will occur throughout the school holidays. The theme of NAIDOC Week this year honours the work, strength, wisdom, love and talent of great Aboriginal women. Look out for local events. Our Aboriginal and Torres Strait Islander histories give us much to learn and to celebrate.

I wish you all a safe and happy holiday. School commences for students on Tuesday 24 July.

**Ruth Bradfield-Ling**  
Principal



School website contains news, class overviews for the term, useful information from DEC and a school calendar with links to permission notes. Go to: [www.marrickviw-p.schools.nsw.edu.au](http://www.marrickviw-p.schools.nsw.edu.au)





*Ms Ling and her friends from KA*



*Max volunteered to help Ms Ling in his play time. What a great principal!*

## Calendar Dates

### PSSA

Every Friday 8:45am

### Friday 6th July

Last Day of Term 2

### Tuesday 24th July

First Day of Term 3

### Wednesday 1st August

Kindy 2019 information session 6:00 – 7:00pm

### Tuesday 7th August

K-6 Athletics carnival

## From The Office

We are now officially half way through the year and no doubt, looking forward to the school holidays. There are a few housekeeping issues to bring to your attention. Please read below for further information. Wishing you a safe break and look forward to seeing you in Term 3.

### Office Hours

Understandably, the office is quite busy at times. We therefore ask if all parents could please leave any queries that are not directly related to your child, for the non-busy times i.e. between 10am and 3pm. We would like to dedicate the 8.30 – 10.00am and 3.00 – 3.30pm time slots to student matters/queries, payments, late arrivals, early departures and medical issues. Our office hours are from 8:30am to 4:00pm.

### PSSA

A reminder that PSSA will continue to run every Friday in Term Three for stages 2 and 3. If you are unsure whether PSSA is on, please check your e-news app. This will be updated if PSSA is called off due to bad weather either on the day or during the week (if grounds are too wet). The buses leave the school at 8:50am so students should be at school no later than 8:45am.

### Year 6 Polo Tops

A reminder that the class of 2018 polo tops have arrived and are ready to be picked up. The cost of the Year 6 polo is \$35. The polo will be issued to students when payment has been received at the office or online.

### Pets on School Grounds

If you bring your pets on school grounds, please ensure you have them on a leash and pick up any droppings your pet may leave behind.

*by Miss Anne & Miss Stav*



*Chris bumped his head.  
Luckily all was fine but  
these friendly Ambulance  
drivers took him for a ride  
to hospital just in case.*



Rotary Club of  
**Marrickville**

Thank you to the Rotary Club of  
Marrickville for providing huge support to  
our Athletics Carnival!

The Rotary Club of Marrickville is proud to  
support our local community and the kids of  
Marrickville West Public School. The Club  
meets every Monday at the Marrickville  
Gold Club on Wharf Rd at 6:30pm. Please  
come and join us to find out more about  
how you could be involved or contact the  
Club at [rcm18191@gmail.com](mailto:rcm18191@gmail.com).

**Welcome visitors  
from Bhutan!**



*Tia and Annie met in Kindergarten. It was lovely to see  
them again last week when Tia talked to K-2 Assembly  
about her memories of primary school.*



*Arianna in 3-6E has many super  
powers. One is reading!*



# Poster Competition Winners!



The Children’s Festival had 2 winners from our school in the Poster Competition 9 years and under, Kyle (9 ys), and Surya (4 yrs).

These were presented at The Rocks at the 20th Annual Children’s Festival.



## Art with Felicity

On Mondays I go to the Art class with Felicity. Other MWPS students come there too. We learn and do different types of art activities, like Thaumatrope, Papier Mache and Human Spirographs. Thaumatrope are where you spin 2 pictures really fast together and it looks like it one. For Human Spirographs we had to lie on our bellies and rotate in a circle to make a design. I like doing art classes because it’s fun.

by Liam 3/4S



Guess how many bags of rubbish these two very helpful people picked up in our school playground?



The NSW SES - Marrickville Unit is having a community Open Day on Sunday, 1 July (11am – 2pm).

There will be a free sausage sizzle, demos, activities, and lots of fun stuff for the kids.  
Everyone’s invited and your local SES volunteers are looking forward to seeing you there.



early

STAGE

ONE

page

Kindergarten LOVED participating in the gymnastics program!





STAGE  
1  
page

Year 1



*Plasma Ball  
still in action at  
the Powerhouse  
Museum*



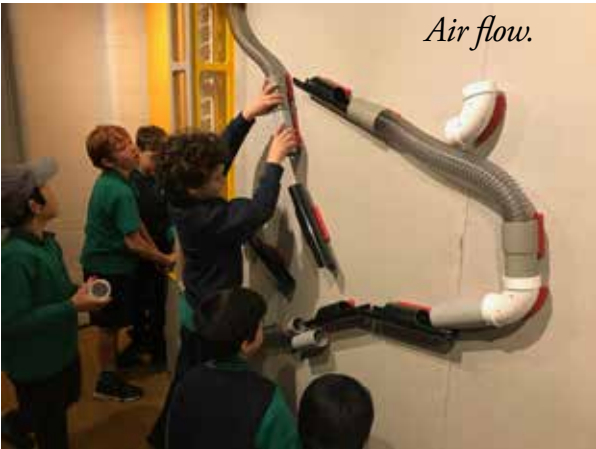


STAGE  
1  
page  
Year 2

Ouuutttterr  
Spppaaaaaceee!!!!



2Kelfie



Air flow.



Ms Soneji on a Penny Farthing Bicycle.



Stella viewing insects through a microscope.



STAGE  
2  
page

In Gymnastics we did handstands, cartwheels and the splits. We did so much more like rolling and tumbling. We also climbed bars and played games. It was really fun!

By Loretta, Youssef and Tanya





Zara 1I

Sol 4C



Mix Two animals  
Olivia 5C

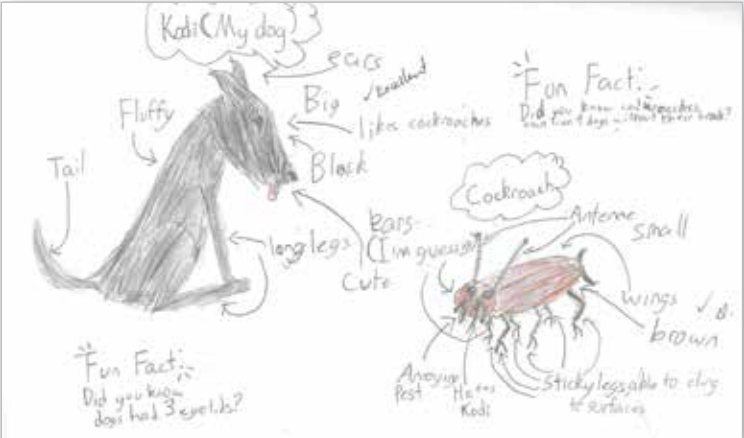
# Sneak Preview of 'Inspire' Art for hospital



Max 5C



Victoria 6EM



Compare and Contrast Olivia 5C



# STAGE 3 page

Friday funtimes!



## Kindness Agents

Last week at assembly we saw Ms Mulligan's kindness agents in action. The chosen agents were Mollie and Zaynab. During the week they looked for unassuming, caring, helpful and kind people that deserved an award for their overall good behaviour.

Every week the original agents secretly choose 2 new agents for the following fortnight.

The terms and conditions for these awards are:

- \*students cannot be chosen twice
- \*students have to be from years 3-6
- \*students have to be respectful all the time, even when teachers are not watching.

May the kindness spread like wildfire!!!

By Asha Yr 6



*Recipients of this week's Kindness Awards.*

Our two school bands performed last week at the Engadine Music Festival, which gives over 130 bands from schools in Sydney the opportunity to perform in a public, friendly, non-competitive environment.



*Junior Band.*



*Senior Band.*

The Training Band (mostly Yr 3 students who just joined the band this year) performed for the first time out of school and received a gold trophy for their superb efforts. The Senior Band (Yr4-6 students) also performed and received a silver trophy. Congrats to everyone involved who behaved beautifully on the day and were a great audience for other bands as well as fabulous performers.



# 2018 TERM 2 WK3: MWPS CALE

SUNDAY	MONDAY	TUESDAY	WEDNESD
Week 8 17 Jun	18	19	Yr3-6 Asse 2:45pm ho by 30
Week 9 24	25	26 Kindy 2019 Info session 9:45am	K-2 Asse 2:45pm ho by 11
Week 10 1 Jul	2	3	Honour Asse 2:45pm
Holidays1 8	9	10	
Holidays2 15	16	17	
Week 1 22	23	24 Term 3 begins	



CALENDAR

pullout & keep!

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20 Assembly hosted 30	21 P&C Meeting 7pm	22 School Disco 6:30pm	23
27 Assembly hosted 11	28 Yr1-2 Excursion TBC	29 BandFest	30 P&C Trivia Night
4 Assembly 5pm	5 NAIDOC day	6 Last day of Term 2	7
11	12	13	14
18	19	20	21
25	26	27	28



# KITCHEN GARDEN

update



Thanks to a generous donation of plants and seeds from a parent in KJ, students from year 5 & 6 planted snow peas into the school garden today in preparation for year 5 starting the kitchen garden program next term.

The students prepared the soil by removing the oxalis and onion weed, turning the soil to aerate it, measured the correct spacing for the snow pea seedlings, found sticks for the peas to grow up, placed mulch around the plants and watered them. They will plant the remaining plants over the next week.

The students also removed some Warrigal Greens which grow very well in the garden. These will be cut, washed and blanched to be cooked fresh, or frozen to be added to recipes in future weeks.



The seeds that were donated will be put in containers ready for growing and planting in the garden next week during the kitchen garden lesson.

GET READY  
www.ses.nsw.gov.au

OPEN DAY  
& FREE SAUSAGE SIZZLE

Sunday 1 July, 11am - 2pm  
Marrickville SES Unit  
Railway Lane, Sydenham  
(near the skate park)



Go behind the scenes  
Demos & family-friendly  
fun activities  
Storm & flood Get Ready Zone

For emergency help in Flood, Storm, and Tsunami call 132500

SAFETY  
IN CAR PARKS

All students, parents and visitors need to walk through the pedestrian walkways allocated. No-one should be walking through the carpark.

 **NO PARENTS ARE TO PARK  
IN ANY OF THE CARPARKS**



*In honour of NAIDOC Week theme 'Because of her we can' we have interviewed 3 inspiring women who work in our school.*



### Ms Linda

Did you Know Ms Linda was born in Cowra NSW. Her favorite thing about Marrickville West Primary School is watching the students grow up.

*Her favourite thing about NAIDOC week is all the people getting together to celebrate it.*

Ms Linda's favourite class to be in is all of them!

*It's the same as her favourite food, she does not have one because she likes all food!*

We are so lucky to have a person at our school that cares about all the classes.



### Ms Gerri

*Did you know that Ms Gerri's favourite thing about Marrickville West Primary School are the people she gets to work with?*

She was born in Ireland and her favorite part about NAIDOC week is the great big special assembly.

*Ms Gerri also speaks the Gaelic language. Her favourite food is cheese and biscuits.*

We are so lucky to have such a nice teacher that also has a good appetite.



### Ms Anne

*Did you know that Ms Anne can speak a little German and a bit of Chinese! Her background is Scottish/Irish heritage.*

Ms Anne's job before this one was that she worked in a German restaurant. She was born in Sydney.

*One of her favourite type of foods is seafood and her favorite part of NAIDOC week is how all our community get together.*  
We are so lucky to have such a hard working person at our school.



— Congratulations to Zach Maclou, 6EM, for his extremely successful involvement in the NSW Department of Education's **Boy's Vocal Program**. Zach was selected to attend the Boys Vocal Program this June, where just over 100 boys from Years 6-10, were given the opportunity to rehearse as part of an all-boys choir in a 3 day workshop and record a song in a professional studio environment at Trackdown Studios in Moore Park.

Zach, one of the youngest students at the event, had the added privilege of being chosen as a soloist for the video recording of the song "Thinking Out Loud" by Ed Sheeran.



This was a rich and rewarding opportunity for Zach, who is an outstanding vocalist and has now seen first-hand what goes down in a recording studio during the engineering and mixing processes. Congratulations Zach and we look forward to screening the video clip in Assembly soon!

BECAUSE OF THEM WE CAN!





# News from The Community Centre

Days at Connect Marrickville are filled with playgroups, English class, parent education (such as TAFE courses), art and even exercise. Marrickville West is fortunate to have a community centre on site partnering with services to provide many valuable and diverse activities throughout each school term.

One initiative we contribute to is Paint Marrickville REaD which is a whole of community approach to early literacy. One project is the Books for Newborns through Child and Family Health Nursing's Sustained Home Visiting Program. Rotary Marrickville has generously just donated a year of funding for sending home 2 books for each family to promote reading with children from birth! Many thanks to

Rotary Marrickville!

Friday Playgroup is open to all families with children under school age and there is no need to register. Simply show up with a piece of fruit to share and join in the fun. We just celebrated International Mud Day with a bit of exploration in wet mud!

Fridays are also turning into quite the opportunity for peer motivated exercise and stretching. Join us at noon for Pilates or Zumba. The children are welcome as we follow video instruction.

During the school holidays, be sure to go to Addison Road Community Centre for a Community.A.Fair! Wednesday 11 July 10-1

Vivi Martin & Lindy Alwis,  
Local Facilitators at Connect Marrickville

For more information:  
Follow Connect Marrickville SaCC on Facebook  
or contact Vivi and Lindy at connectmarrickville@gmail.com



connect

marrickville

schools as communities centre

学英文

Chinese

ingilizce öğren

Turkish

URDU

اردو

Urdu

Belajar Bahasa Inggris GRATIS

Belajar Bahasa Inggris

Malaysian

Học anh văn

เรียนภาษาอังกฤษ

英語を学ぶ

**ENGLISH CLASSES**

FOR PARENTS & GRANDPARENTS

Thursdays: 10am - 12noon

@ Marrickville West Primary School

FREE CLASS WITH FREE CHIDCARE®

Enter via the gates in Livingstone Road

(near Beauchamp Street)

412 Bus Stops outside

For more information contact:

Nadia 0409 838 345 or Vivi 0421 550 119





# FAMILY FUN DAY



**BECAUSE OF HER, WE CAN!**

8-15 JULY 2018

**Family friendly event: Steele Park, Marrickville**  
**Tuesday 10 July 2018**  
**10am-3pm**



## Community.A.Fair dates

ARCCO's Gumbramora Hall 10am to 1pm.

**April 18**

*Celebrating:*  
**My Culture. My Story.**

- Heritage Festival -
- Youth Week -
- School Holidays -

**July 11**

*Celebrating:*  
**Because of her. We can!**

- NAIDOC Week -
- School Holidays -

**Oct 3**

*Celebrating:*  
**Share the Journey.**

- Mental Health Month -
- World Habitat Day -
- School Holidays -

## Mini-Community.A.Fair dates

ARCCO's Food Pantry 10am to 12.30pm



visit [arcco.org.au](http://arcco.org.au)

Co-organised by Addison Road Community Centre Organisation and Department of Human Services, and a steering committee made up of government and non-government services.

**March 7**

**May 2**

**June 6**

**Aug 1**

**Sep 5**



## P&C UPDATE



### Trivia Night

What an amazing night! At time of printing it looks like we raised in the vicinity of \$10,000 which is an incredible effort by everyone concerned.

We had a record turnout of 130 parents, teachers and friends descend on the school hall which had been transformed with festoon and fairy lights for a fantastic night out. Kween G got us in the mood with some grooving tunes and Mojo Picon provided a delicious paella which was a massive hit with everyone. The trivia was a great mix of challenging questions and ridiculous games with more than one person handing over \$50 to challenge the Trivia Master! With 16 tables there was an excellent atmosphere with the silent auction providing an added dimension

of excitement. Congratulations to those who nabbed a bargain and a massive thankyou to all of our amazing sponsors without whom we could not have put on such a successful event.

Thanks to everyone for coming and making it such a success. Massive shout out to – Alex Ross, Jo Tomlinson, Lauren Hamilton-Thompson, Rebecca Yeoh, Sarah Heiniger, Alexandra Heffernan, Elle Xeureb and Derya Ozkan – what an amazing organising team! Extra THANKS to the many sponsors who made the night a success.

As another term comes to a close the P&C met to reflect on the achievements for the term and plans ahead.

## Thank you to our Trivia Night Sponsors

### DONOR WALL OF FAME

CORPORATE AND RETAIL SPONSORS & DONORS



**DID YOU KNOW?:** Thanks to your Voluntary General Contribution to the school YOU are a P&C member!





### Key pulse points:

- Gabrielle Higgins from Inner West Council joined us to share the latest on the Eco Garden project. With the garden in place the council has been engaging with students and a community co-design group scoping up sign design options to highlight the educational aspects of the site. Look out for more info soon.
- Development of artistic masterpieces has commenced across the school with each class producing a major work as well as individual works. Make a note in your diary for the evening Art Show currently scheduled for Thursday Sept 13th.
- Are you aware of the impact on schools from the Government's current funding model. If not we encourage you to have a look at [www.fairfundingnow.org.au](http://www.fairfundingnow.org.au) to learn more and sign the petition if you'd like to see a different approach taken to funding the education of our kids.
- Would you like to help the environment whilst raising funds for veggie pods at the school? Then take your eligible drink containers to Addison Road's Return & Earn machine and select Marrickville West P&C charity to donate to this great idea. These pods will enable our kids to see veggies grow right near their classrooms!!
- Have you been studying up... remember a fun social night of trivia is just days away so get your tickets to support the P&C's main fundraiser this year. Check out the mini auction which is live right now at [www.myminiauction.com/mwps-trivia](http://www.myminiauction.com/mwps-trivia)
- For band members Engadine Band festival is this Friday... good luck to all involved.

And remember we're all P&C members so come and have your say on what you'd like to see happen at the school and look out for opportunities to support or volunteer for the school community.

### Canteen

The canteen will be having some big changes next term! Online ordering is in the process. We hope to have it all running for Term 3. Watch for new menu additions too. If you are keen to help out please contact James at [james.goodman@uts.edu.au](mailto:james.goodman@uts.edu.au)

### Return & Earn Scheme

Marrickville West P&C is one of the charities to which you can choose to donate your bottles to at the Addison Rd Community Centre Reverse Vending Machine. Money raised through the scheme will fund some Veg pods for garden growing near the classrooms. Our school will only be listed until August so donate today!

### Facebook Friends

Do you follow MWPS P&C on Facebook? Like our page to stay up to date with the latest news, events, reminders and see great photos of school activities and celebrations. Search 'Marrickville West P&C Association' on Facebook pages to find us and hit Like.



[facebook.com/MWPandC](https://facebook.com/MWPandC)



[facebook.com/groups/mwpspandc](https://facebook.com/groups/mwpspandc)

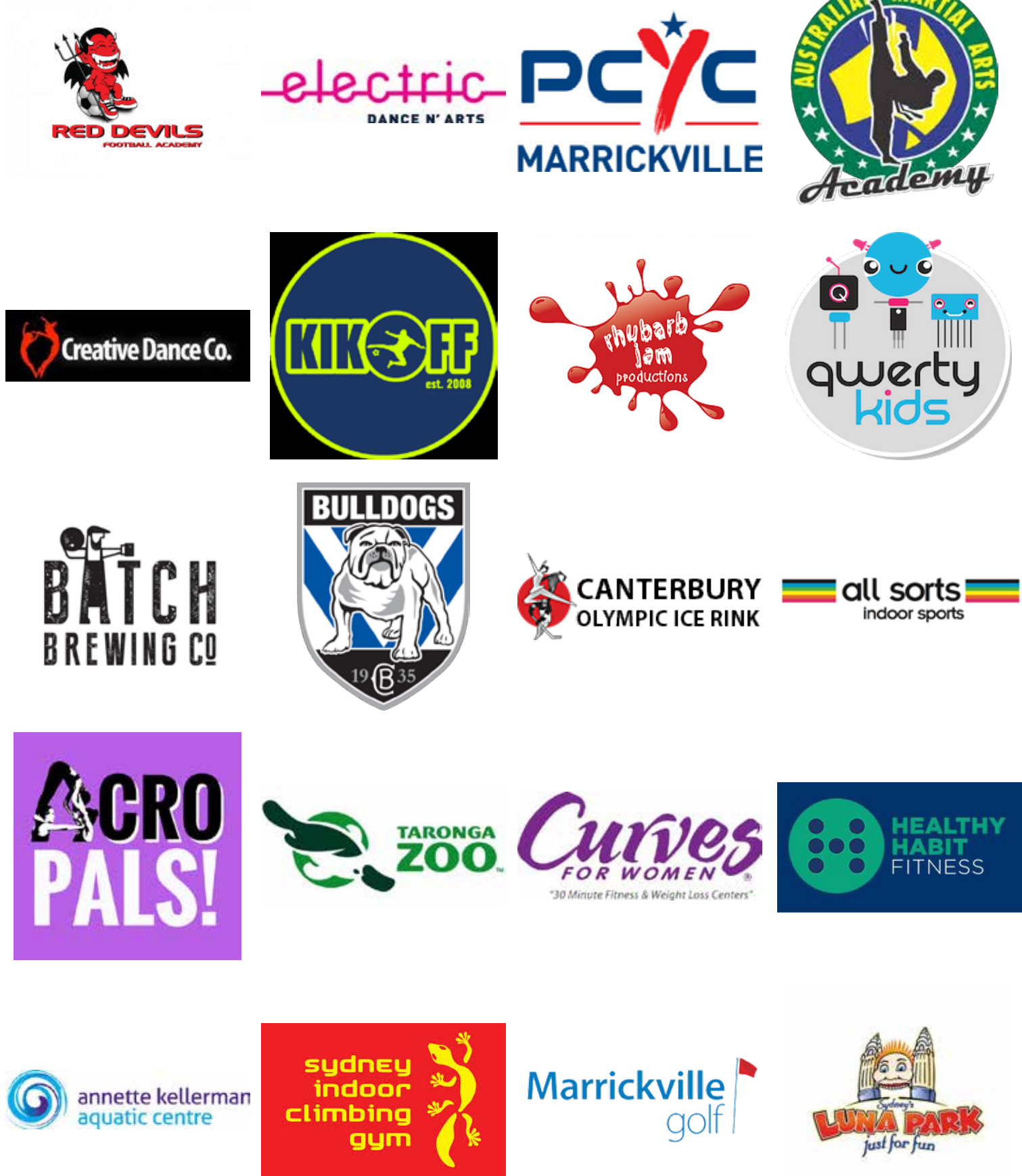
*(private group for current parents & teachers)*

## NEXT P&C MEETING: **9 August 7-9pm**

in the Staff Room. All parents are welcome to come along and learn more about the school and give their ideas on how to make it a better place.

# Thank you to our Trivia

FITNESS, KIDS CLASSES & FAMILY ACTIVITIES





# Night Sponsors

FOOD, BEVERAGE, BEAUTY AND WELLBEING



CATHERINE'S  
Hair & Beauty



Vesbar  
Espresso



Cobram  
Estate®



PANETTA  
MERCATO



WINTER  
2018

SCHOOL HOLIDAY  
SPORTS CAMPS

FOR KIDS AGED 5-15 YEARS



Sydney Uni  
SPORT & FITNESS

SPORTS OFFERED INCLUDE:

Netball, soccer, girls soccer, basketball, swimming, water polo, futsal, AFL, multi sport, junior multi sport, rugby union, tennis, dance and fencing/archery.

TO ENROL

 VISIT [www.susf.com.au](http://www.susf.com.au)

 CALL 1300 068 922

all sorts  
TRAVEL SPORTS

Swim  
Intensive  
Holiday  
Program

BOOK NOW!

A great way to boost  
your child's swimming.

Week 1: July 9th – 13th  
Week 2: July 16th – 20th  
Note: No Wednesdays

MULTI  
SPORT  
CAMP

For Kids: ages 5-12

8am-3pm

RED DEVILS  
FOOTBALL ACADEMY

SCHOOL HOLIDAY CAMP  
- WORLD CUP EDITION -

July 17th 18th & 19th  
Girls & Boys  
6 - 15 Year Old

Arlington Oval  
9am - 3pm

- Qualified Coaches

- Learning Based Platform

- High Intensity Training

- Safe Enviroment

- Morning Drills and Activities

and World Cup qualifiers in the afternoon

- World Cup Finals on the Last Day

Book Now

[www.reddevilsacademy.com.au](http://www.reddevilsacademy.com.au)



FIFA WORLD CUP  
RUSSIA 2018



# HOLIDAY TENNIS CAMP

*Exercise, fun, new skills, comps for older kids.*

## PIZZA ON FRIDAY!

➤ Week 1: July 9 - 13, 2018 (Mon - Fri) ➤  
Week 2: July 16 - 20, 2018 (Mon - Fri) ➤

*Care and supervision assured*

**5 full days \$185, 4 full days \$148**

**5 half days \$130, 4 half days \$104**

**Casual: 1 full day \$45, half \$33**

*10% discount for more than one child*

**BOOK NOW**

**CALL 9569 1660**

EMAIL

[info@fourseasonstennis.com.au](mailto:info@fourseasonstennis.com.au)



Wicks Park Marrickville, corner Sydenham & Victoria Roads

**FOUR SEASONS TENNIS SCHOOL**

[www.fourseasonstennis.com.au](http://www.fourseasonstennis.com.au)

PAPER BAT STUDIOS

## WINTER SCHOOL HOLIDAY WORKSHOPS



### CERAMIC BELL PEOPLE - \$95

**DAY ONE - Monday 9th July 10am - 3pm**

Spend a day with clay. In this first of two workshops, students will learn how to build a bell figure, sculpt ceramic beads and clapper, then stamp patterns into their creations.

**DAY TWO - Friday 20th July 10am - 11:30am**

In the final 1.5hr session, students will paint their bell, clapper and beads using glazes. Fired and assembled bells will be ready for you to collect within 2-3 weeks.



### CARDBOARD ART MASKS - \$75

**SINGLE DAY WORKSHOP - Thurs 12th July 10am - 3pm**

Design and build a giant mask! Learn about the origins and use of masks in different cultures and how artists have been influenced by them. Then sketch up, cut out, paint and finally decorate your own inspired cardboard mask creation.

Workshops held at Wilkins PS, Marrickville for kids age 6+. All art materials included.

Full day workshops include morning tea. Please bring lunch, water and a hat.

BOOKINGS: [paperbatsstudios@gmail.com](mailto:paperbatsstudios@gmail.com) OR call Felicity 0410 333 758

## ART AFTER SCHOOL AND SATURDAY CLASSES

**SATURDAY CLASSES STARTING AT WILKINS!**



PAPER BAT STUDIOS  
TERM THREE

**People and Portraits**

**MONDAYS:** Marrickville West 3:30-5pm

**THURSDAYS:** Wilkins Public 3-4:30pm

**SATURDAYS:** Wilkins Public 9:30-11am



BOOKINGS: Felicity 0410 333 758 or [paperbatsstudios@gmail.com](mailto:paperbatsstudios@gmail.com)

NB: Bookings for Thursday class via KEEN.org.au

**MON or SAT**  
**9 WEEK TERM**  
**\$225**

**THURS**  
**10 WEEK TERM**  
**\$250**

**CLASSES RUN**  
**DURING**  
**SCHOOL TERM**

## COMMUNITY.A.FAIR

**Wednesday 11th JULY**

**10am to 1pm**

Gumbramorra Hall  
142 Addison Rd,  
Marrickville

(02) 9659 7633  
[www.arcco.org.au](http://www.arcco.org.au)

*What's on:*

- Free jumping castle
- Free face painting
- Free activities for kids
- Free BBQ lunch
- Community information
- Enjoy the green space music & more!



**School Holiday**  
**FREE EVENT**

*Celebrating*  
**NAIDOC WEEK**

- Everyone welcome -



**BECAUSE OF HER, WE CAN!**

**8-15 JULY 2018**

## NAIDOC WEEK AT OUR HOUSE

Tuesday July 10, 2018  
10 am - 2 pm  
Parliament of NSW

**FREE FUN ACTIVITIES**  
**ALL WELCOME!**

Join us for a fun day filled with activities for the whole family including: **Didge & Dance**, **Aboriginal Art & Crafts**, **Wiradjuri Language Workshops** and **Storytelling**. Join us for the whole event or just drop in for a little while.

**Sausage sizzle on the day!**  
(\$3 per sausage sandwich)



This event is organised by the NSW AECG Inc.  
in association with Parliamentary Education

**Bookings not essential**

For more information:

Phone: (02) 9230 2047

Email: [dps.education@parliament.nsw.gov.au](mailto:dps.education@parliament.nsw.gov.au)

[www.parliament.nsw.gov.au](http://www.parliament.nsw.gov.au)

Parliament of New South Wales,  
6 Macquarie Street, Sydney



# MARRICKVILLE WEST MUNCHIES CANTEEN MENU



(PRICES SUBJECT TO CHANGE)

UPDATED FEBRUARY 2018

## Before School – Fuel Up!

Cheerios. . . . .	50c
Sultanas. . . . .	50c
Seasonal Fresh fruit from . . . . .	70c+

(No snack foods will be sold to students before school)

## Super Sandwiches, Toasties & Salad

Buttered. . . . .	\$1.30
Vegemite . . . . .	\$1.60
Baked Beans . . . . .	\$2.80
Vegemite & Cheese . . . . .	\$3.00
Egg/Cheese/tuna/chicken slice/ham . . . . .	\$3.00
Cheese & tomato. . . . .	\$3.30
Egg & lettuce . . . . .	\$3.30
Chicken, lettuce & mayo. . . . .	\$3.50
Tuna & mayo . . . . .	\$3.30
Tuna or Ham or Cheese with Salad . . . . .	\$4.20
Ham & cheese . . . . .	\$3.30
Ham & tomato . . . . .	\$3.30
Cheese & tomato. . . . .	\$3.30
Ham, cheese & tomato. . . . .	\$3.70
Salad . . . . .	\$3.90

## extras

Filling (each) . . . . .	60c
Roll or wrap. . . . .	60c
Mayo/tomato sauce . . . . .	30c
Sweet chilli/BBQ/soy sachets . . . . .	30c
Salad plate/ box . . . . .	\$4.50
(lettuce, tomato, cucumber, celery, carrot)	
Add – Tuna/egg/ham . . . . .	+60c ea
EXTRA Plastic Spoons. . . . .	5c

## Drinks

Up & Go. . . . .	\$2.50
200ml 100% Juice (box) . . . . .	\$1.50
200ml 100% Juice (bottle) . . . . .	\$2.20
Plain milk . . . . .	\$1.50
Yoghurt. . . . .	\$1.30
Flavoured Milk (lite) . . . . .	\$2.20

## Frozen Treats Sold after the second lunch bell

Frozen fruit pieces (bag). . . . .	20c
99% fruit juice ice sticks. . . . .	60c
Juicies Rectangle Treat . . . . .	\$1.20
Juicies Tube . . . . .	\$1.20
Moosies. . . . .	\$1.20
Gelato cups – 2 flavours. . . . .	\$2.00
Frozen Yoghurt. . . . .	\$2.20

## Available every day!

Steamed Vegetarian Gyoza (V. . . . .	80c
Cheese & Spinach Triangle (V) . . . . .	\$1.30
Vegetarian Rice Paper Rolls (V). . . . .	\$2.00
Pizza Wrap (meat or Cheese) . . . . .	\$4.00
Mini Potato Top Beef Pie. . . . .	\$1.50
Fried Rice (gluten free)(V) . . . . .	\$4.00
Vegetarian Lasagne . . . . .	\$4.00
Fruit Salad Cup. . . . .	\$2.00
Hot Corn Cob. . . . .	\$1.00
Hard-boiled egg . . . . .	\$1.00

## Snacks

Popcorn. . . . .	\$1.20
Roasted Seaweed . . . . .	\$1.20
Potato Chips (28g) . . . . .	\$1.50
Grainwaves . . . . .	\$1.50
Gingerbread Folk. . . . .	\$1.80
Vegetable Sticks (bag) . . . . .	30c
Sultanas (box) . . . . .	80c

## DAILY SPECIALS

### MONDAY: CHOOK CHOOK

5 Chicken wedges or Chicken Burger (Halal) . . .	\$4.00
Chicken Wedges each . . . . .	80c

### TUESDAY: PASTA & CURRY & PIZZA

Homemade Bolognese Pasta . . . . .	\$4.00
Lasagne. . . . .	\$4.00
Juicy Pizza Slice – Ham & Pineapple . . . . .	\$3.00
Vegetarian Pizza . . . . .	\$4.00
Mild Butter Chicken Curry with rice. . . . .	\$4.00

### WEDNESDAY: SUSHI (pre-order Tuesday)

Tuna or Chicken Roll. . . . .	\$3.20
Mini 8 piece pack – Tuna. . . . .	\$3.90
Mini 8 piece pack – Cucumber . . . . .	\$3.60
Large 5 piece pack (Tuna or Chicken) . . . . .	\$5.20
Large 10 piece pack (Tuna or Chicken). . . . .	\$8.50

### THURSDAY: CHOOK CHOOK

5 Chicken wedges or Chicken Burger (Halal) . . .	\$4.00
Chicken Wedges each . . . . .	80c

### FRIDAY: PIES

Chicken Pie . . . . .	\$4.00
Halal Beef Pie. . . . .	\$4.00
Traveller Beef Pie. . . . .	\$4.00

Foods coloured **GREEN** are approved by The Healthy Kids Association for eating everyday. The other foods are recommended as occasional foods.

**Vegetarian (V) & Halal food options available everyday. Gluten free bread also available for all sandwiches. Please ask Wendy in the canteen.**